

FLAGSTAFF SERVICES FOR SENIORS

**Service Options for Seniors (SOS) 780-672-4121 or
1-866-672-4131 (Donna Coombs)**

Sunrise Estate Services 780-722-0101
www.sunriseestateservices.ca

Flagstaff Food Bank 780-385-0810

Golden Age Club- Forestburg 780-582-3564

Daysland Seniors (Sunbeam Drop in Centre) 780-374-3514

Killam Senior Centre Contact hall caretaker 780-385-2221

Sedgewick Seniors Centre 780-384-3009

Strome Senior Citizen Drop in Centre 780-376-3571

Galahad Senior Centre 780-583-3784

Seniors Mental Health 780-385-7161

Flagstaff victim Services 780-385-3551

Food Bank-Killam 780-385-0810

**Alberta Health Services Public Health 780-384-3652
or access line to discuss available services 1-855-371-4122**

General Counselling/Grief Counselling 780-385-3976

Flagstaff Family and Community Services 780-385-3976

**Seniors Association of Greater Edmonton
(SAGE) 780-628-1139**

**Flagstaff Regional Housing: 780-582-0007 Subsidized
apartments/Manors- The Bethany Group (Alliance, Daysland,
Forestburg, Galahad, Hardisty, Heisler, Killam, Loughed,
Sedgewick and Strome)**

**Killam Meals on wheels-available Monday-Friday \$5.00/meal
(Lions donate \$1.00/each to meals) 780-385-3741 (Joan Hill)**

**Forestburg Meals on Wheels (Big Knife villa) 7 days a week
\$12.00/meal contact 780-582-3564 pick up only**

**Sedgewick Meals on Wheels (Wooden Spoon) 780-384-3554
\$15.00 per meal**

**Daysland Handivan (Providence Place) 780-374-2527 cost is
.80 cents/km plus driver or could provide own driver with a
Class 4 license**

**Killam Care-A-Van: 780-385-3976 For medical appointments
only, must pay for parking and gas**

Lifeline-1888-517-3387

**Tel Care Unit 780-431-3630- help button on wrist or neck,
water proof, button fall detection \$52.95/month, enrollment
\$75.00; \$37.95 regular help button; AB Seniors Benefits
reimburses the enrollment and \$30.00/month of unit if clients
qualify (must pay up front and be reimbursed)**

Legal Aid 1-866-845-3425

Edmonton Community Legal Centre 780-702-1725

AB Seniors Benefits 1-877-644-9992

Service Canada 1-800-277-9914

Revenue Canada 1-800-959-8281

Veterans Affairs 1-866-522-2122

Respite Providers

Plan it Consulting-780-672-0063

Alzheimer's Society 1-866-950-5465

Alberta Cancer Line 1-888-432-8865

Alanon 780-385-2222